Home Telemonitoring

Remote patient monitoring can supplement a physician’s office care and provide ease of mind to your patients

Now available through

PHILIPS
Home-based telemonitoring
Improves patient outcomes with early intervention

Philips Telemonitoring Services

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Remote Monitoring Services support the work of your patient’s care team.

Home Telemonitoring provides timely information for clinical intervention
Remote Monitoring Services support better informed clinical decision-making and active involvement of patients in their own care. Every day, patients enrolled in the program may take one or more of their own vital sign measurements – including weight, blood pressure, pulse, oxygen saturation, glucose levels, ECG rhythm and others – using wireless devices in their home. They may also manually enter measurements such as ZOE® fluid monitor readings, temperature, peak flow, FEV1, PT/INR, HbA1c and respiratory rate.

Results are automatically transmitted to Philips secure web-based server via the TeleStation, the in-home communication device that also prompts patients to answer clinician-directed health and risk assessment survey questions. A care manager reviews each patient’s information on a web-based Clinical Review Application, and can alert their physician when a vital sign measurement or survey response falls outside established limits.

Remote Monitoring extends the reach of care
Care providers are assured that patients are getting attention each day. A consistent monitoring schedule gives doctors targeted information and greater control over patient care – while significantly decreasing office resource utilization by patients who may have repeat visits due to chronic conditions.
Remote Patient Monitoring is designed to ease the strain on physicians and healthcare systems.

Patients’ vital signs are displayed as tabular and graphical trends over time: weight, blood pressure, glucose level, SpO₂, heart rate and rhythm.

Simple tools, Reliable information
Basic vital signs measurements are useful indicators of a patient’s condition. In addition to monitoring the telltale symptoms of decline – such as abnormal weight gain, increased blood pressure, shortness of breath, fatigue, or edema – the system also triggers automated health assessments.

Regular interaction with the patient telemonitoring devices and TeleStation may even aid compliance with physician-prescribed programs, as patients see results and can take a more active role in their own health care.¹

Innovative clinical information program makes good business sense
Home Telemonitoring signals the onset of potential adverse events – alerting clinicians to the need for intervention and, ideally, preventing the need for costly emergency room visits and hospital admissions. Contributing to smarter resource and time allocation and better patient care, Remote Monitoring Services help make healthcare delivery more systematic and efficient.

How you interact with the program
As you review the needs of your patients, you can evaluate if remote monitoring could help prevent readmission or offer additional clinical oversight after a hospital visit. Hospital discharge planners, community educators, and telehealth program directors from your local home care agency may identify patient candidates for the program, and will take referrals of suitable patients who might benefit from telemonitoring. The telehealth program director will oversee the management of clinical data on a daily basis, using recommended guidelines or physician-configured criteria for alerts.

¹ How you interact with the program
Which patients should be enrolled?
The following suggested guidelines help identify patients who could benefit from participation in a home telemonitoring program:

**Primary indication**
- Patients with cardiac, respiratory and/or diabetic disease processes
- Patients with complex medical problems
- Patients with a history of frequent hospitalizations
- Patients with the ability to learn how to correctly use the devices

**Secondary indication**
- Poor compliance with physician-prescribed treatment plan (including, but not limited to, self-reported measurements, diet, and/or medications)
- Patient living alone

Patients must have electricity and touch-tone phone service (a dedicated phone line is not required).

**Note:** Philips Telemonitoring Services are not intended as a substitute for medical care.

How your patients will interact with the program
All services are delivered at no cost to the patient and telephone transmissions from the measurement devices are toll-free.

- A healthcare professional contacts the patient to explain the program. (It is described as a supplement to, not a replacement for, office-based care with a physician.)
- A healthcare professional schedules a visit to the patient’s home to install the measurement devices, and teaches the patient how to use them.
- Patients take their own measurements and answer daily surveys; the information is automatically transmitted to the Clinical Application for review.
- The telehealth director reviews patient health status, monitors alerts, and initiates appropriate clinical intervention.

If you would like to make a patient referral for this program or have questions, please contact:

![ACREDITED HOME HEALTH SERVICES](image)

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