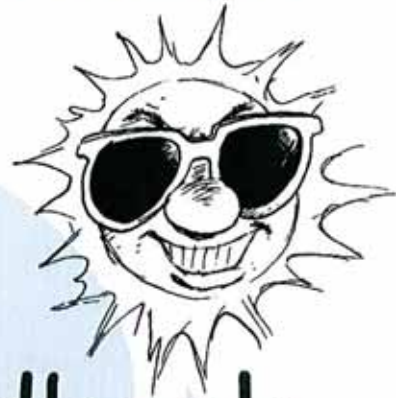


# Lakeside Day Camp



## Parent Handbook 2010

(April 2010 Edition)

# SUMMER



Child Care international, Ltd. • 12006 Jenifer Road • Cockeysville, MD 21030  
410-252-2046 • Fax 410-561-1560  
daycamp@padoniaparkclub.com • www.padoniaparkclub.com



## **Dates to know...**

**Parents Night**  
**Wednesday, June 2, 2010**  
**7- 8:00 PM @ Open Air Pavilion**

**Camp Dates**  
**First Day of Camp - June 7, 2010**  
**Last Day of Camp - August 20, 2010**

## **Numbers to know...**

**Director**  
**Cindy Carter**  
**(410) 252-8095 ext 331**

**Camp Manager**  
**General Activities Program**  
**Pam Kohlenstein**  
**(410) 252-2046 (leave message or page)**

**Camp Manager**  
**Adventure Series Program**  
**Bradley Kressman**  
**(410) 252-2046 (leave message or page)**

**Open Air Pavilion (our Home Base)**  
**(410) 252-2046 ext. 350**

**Main Office - Front Desk**  
**(410) 252-2046 ext. 303**

**First Aid Attendant**  
**(410) 252- 2046 ext. 321**

## A Note From The Director

**Why we love the great outdoors....**

**At Lakeside Day Camp we understand the need for children to be outdoors. Our camp conducts 98% of its programming outdoors every day. This is very different from many day camps that use indoor facilities as part of their regular programming. We will go indoors during adverse weather conditions (storms or heat advisories) or for entertaining special guest visitors but we prefer to conduct everything in the great outdoors.**

**When children have a disconnect with nature, the evidence suggests that they will suffer:**

- **Diminished health**
- **Obesity**
- **Reduced cognitive, creative and problem solving capacities**
- **Lower school achievement**
- **Lower self esteem**
- **Less self discipline**
- **Attention deficit hyperactivity disorder**

**A recent study has shown that children today spend nearly  
60 hours per week involved with electronic media.  
(i.e. television, game boys, iPods, cell phones, computers)**

**Children who spend time outdoors are likely to be:**

- **Happier**
- **Healthier**
- **Smarter**
- **More cooperative**
- **Better problem-solvers**
- **More creative**

**Yes, although it can be hot or cool, sunny or overcast - there are too many benefits of outdoor play to deny children a summer without nature. That's our plan.**

**Best wishes for a happy healthy summer!  
See you around the campus!**

**Cindy**

## General Information

### Camp Management Staff

#### Cindy Carter - Director of Lakeside Day Camp

Cindy has a degree in Early Childhood Education with an emphasis on Program Management. She is currently working on a degree in Behavioral Science from the University of Maryland. She has been the Director of Padonia Park Child Centers for ten years and has worked with families and children for the past twenty. She resides with her son in New Freedom, Pennsylvania.

#### Pam Kohlenstein - Camp Manager of General Activities

Pam has a BS in English from Towson University and a Master's in Leadership Teaching from Notre Dame. She has been teaching for fifteen years, the last ten of those at Hereford Middle School. She enjoys exercising, the beach, reading and shopping. She lives with her husband and daughter in Sparks Maryland. This will be Pam's seventh summer with Lakeside Day Camp.

#### Bradley Kressman - Camp Manager of Adventure Series

Bradley has B.A. in Special Education and a Masters in Secondary Education. He currently teaches Physical Education and Special Education classes at Perry Hall High School. Additionally, Bradley is the Head Coach for Varsity Women's Soccer, Track, Basketball and Allied Sports. He lives with his family in Perry Hall.

### American Camping Association Membership

Lakeside Day Camp has been accredited by the American Camping Association since 1986. ACA accreditation is a voluntary choice that requires meeting industry standards that go far beyond state and local licensing requirements. Therefore, the quality of a campers experience is substantially enhanced in a program with an ACA credential.

Of the 547 licensed camps in the state of Maryland in 2009  
only 59 were ACA accredited - that's less than 11%!

That's why it's important for our campers and their families to understand and look for the American Camping Association logo when choosing a program.

### Family Friendly Communications

Parents should expect a warm personal greeting when they arrive for both parent and child. At the end of the day, we will do our best to provide you with feedback on your child's day. If you need information during the day please call and leave a message and we can get back to you.

### Parking /Traffic

Please park in the field near the Open Air Pavilion. Please obey all posted traffic signs. The speed limit in the park is 10 mph. Two PURPLE hang tags have been provided for each family. Please have the camp hang tag on display when you stop at the gate each

morning and afternoon for pickup of your children. Drop off (7:00 - 8:30 AM) and pick up (4:00-6:00 PM) for campers will be at the Open Air Pavilion. If your AM drop off will take longer than 5 minutes we will require that you park next to the corn field and walk your child over to the Pavilion. Once you and your child have established familiarity with the camp we will allow you to park briefly in the circle to drop off at the pavilion entrance.

#### **Inclement Weather & Alternate Pickup Locations**

There are times when inclement weather requires a change of pickup location. We often utilize the Lakeside Building for this purpose. However, having large groups of campers indoors can be very loud and chaotic. When it is needed to keep the environment under control we will hold pickup in two locations. We may split the camp into UPPER and LOWER and have one group in the LAKESIDE Building and the other in the CLUBROOM Building. During Inclement weather always ask the GATE ATTENDANT for pickup instructions. Additionally look for the TEAL BANNER which will be placed at pickup locations.

#### **Camper Counselor Ratios**

Camper to counselor ratio is 6:1 for children ages five and six years old; 8:1 for ages seven to twelve years of age. Counselors are to maintain ratios at all times.

#### **Our Daily Schedule**

Each day counselors will take your child's group through a rotation of activities as presented on the daily schedule. Your child must attend all scheduled activities and is expected to participate. Should the schedule change you will receive a new copy.

#### **Arrival (7:00 - 8:45AM)**

When you arrive each morning, please report to the Open Air Pavilion to sign-in at the Attendance Table. Parents must sign in their child every day. You should sign up and make daily entree choices with the Lunch Attendant. Then you should guide your child to the table marked with the color flag appropriate to his/her assigned color group. Flags will be visible.

#### **Swim Lessons**

Lessons will be given according to the Red Cross Swim Instruction Program. They will be part of the program during weeks Three through Nine. Your child is expected to participate. Questions or problems with swim lessons should be directed to the Camp Manager or Aquatics Supervisor. Report cards will be distributed when your child moves to a new level.

#### **Free Swim**

It is our hope that your child enjoys water. If your child is afraid of water they may not enjoy their camping experience. So please consider that each day your child will be in the water.

### Creative Arts, Athletics, Special Activity, Performing Arts/Music

These activities have something different planned every day. Activities are modified depending on the age group that is present at the time to take into account skills and developmental levels. Your child is expected to participate since there is not adequate staff for children to sit out and have personal supervision.

### Lunch

Campers may pack lunch or purchase a meal at the Grille. Daily choices should be made at the Attendance table in the morning. If you are arriving after 9:00 AM you must call the Main office and inform the office staff of your camper's lunch choice. Lunch occurs in two different locations depending on whether your campers buy or pack. Buyers will go with counselors to the Grille and eat on the Picnic Deck. Packers will go to the Open Air Pavilion with the remaining counselors.

Children who go to the Grille will sit at the designated area of the deck (between ramp to the lunch counter and arcade). Counselors will sit among the campers. One Counselor (pre-assigned, usually the Manager) will bring trays of food items to the area and counselors will assist him/her with food distribution.

Children who eat at the pavilion will sit at the picnic tables. Counselors will assist the children with opening cartons, etc. and entertain small groups of children who are finished. All lunches that are brought from home will be refrigerated; they will be placed into a large commercial refrigerator in the Open Air Pavilion.

When children have completed their lunch they will be asked to throw away their trash and discard extra food so that it does not attract bees. Campers will have their water bottles refilled with ice and water at this time.

### After Camp (4:00 - 6:00 PM)

Children will be housed in and around the Open Air Pavilion for After Care. There will be games and a sand box available for entertainment. There are no formally planned activities during Before and After Care. Parents must pick up all campers by 6:00 PM or a late fee of \$1.00 per minute will be charged payable at the time of pick up.

### Swim/Dive Team Participation during After Camp:

Campers are certainly welcome and encouraged to become members of these groups. We generally have adequate staff to escort your camper to the activity. However, we do not have adequate staff to pick them up and return them to after camp in the afternoon. You must make arrangements with the coach or another parent to escort your child to after camp at the end of the activity if you will not be present to retrieve them personally.

## **\*\*New Programs\*\* - Adventure Series for ages 10-13**

### **Zipline/Challenge Course**

As part of our ongoing challenge course construction project, we have a newly installed zip wire that will allow campers to traverse a 300 - 400' distance through the treetops wearing a harness and safety gear. Challenge courses are wonderful tools for team work, building confidence and new skills. Our courses are always operated by trained professionals and camper participation is voluntary at all times.

### **Archery**

Archery is known for instilling confidence, increasing attention span and building self-esteem. Anyone, regardless of age, gender, size or ability can enjoy archery. Using methods set forth by USA Archery we will teach campers basic archery skills. Campers will practice safety techniques while working on skill progression. At the range, they will play fun games such as tic-tac-toe, musical arrows, bingo and balloons. They may also shoot at targets that they design, decorate quivers and crest arrows to take home. Campers will also learn about the history of archery and participate in contests within their groups.

### **Marksmanship (Air Rifles)**

Using programming set forth by the NRA Neighborhood Air Gun Program and Daisy Outdoor Products, we will teach campers the skills and safety applications needed to become beginner marksmen. Marksmanship is a wonderful discipline for enhancing self-confidence, self-discipline and eye-hand coordination. Our classes will be taught only by trained professionals with safety and respect as our foremost consideration.

### **Swim/Dive Team Participation during After Camp:**

Campers are certainly welcome and encouraged to become members of these groups. We generally have adequate staff to escort your camper to the activity. **However, we do not have adequate staff to pick them up and return them to after camp in the afternoon.** You must make arrangements with the coach or another parent to escort your child to after camp at the end of the activity if you will not be present to retrieve them personally.

## **Field Trips & Other Special Programming**

### **General Field Trip Information**

Please make sure you review field trip procedures with your child. It is important that all children understand what is expected of them when we leave the park. We will also review the rules with campers although it is more effective to have reinforcement from home.

- Counselors and campers are to stay together at all times.
- If public rest rooms need to be used a camper must be escorted by a counselor.
- If children become separated from the group, they are to remain where they are, and the counselor will find them.

- If approached by a stranger children are to notify a counselor immediately.
- Counselors will instruct campers to obey all rules of the bus and its' driver. These may include, but are not limited to: staying seated, keeping hands, heads and arms inside the windows, and riding quietly.
- Traffic lights, signals, and rules must be obeyed at all times when crossing streets.
- From time to time we will bring in special guests to perform for the camp. All campers must participate in the activity and behave appropriately.

### **Movies**

LDC will only show movies that are rated G or PG. We do not show movies that are unrated. Private or home movies that campers bring for viewing must be viewed by staff to assess content prior to showing. Parental consent will be required for movies rated higher than PG.

## **Camper Health and Medical Information**

### **Camper Health Information**

Information relating to a campers physical and mental health is obtained through the application process. Completed camper applications will be stored in the Main Office in a secure location to preserve confidentiality.

Each season upon receiving the applications the Camp Director will review any application that notes a medical or mental health issue. The Camp Director will establish a chart that lists campers with special concerns including the following information: diagnosis, treatment, symptoms, and special responses. If necessary the camper's parents are responsible for contacting the Camp Director and the Health Supervisor to determine a medically appropriate course of action.

After establishing a course of action the camper's Head Counselor will be notified of his/her role through verbal or written instructions from the Camp Manager or Director. A copy of the chart describing the course of action will be kept with the Head Counselor's clipboard at all times. Counselors will be instructed during orientation regarding camper's medical confidentiality.

Camper immunization status will be recorded using the approved DHMH format labeled "Camper Health History". All campers will be required to have proof of current immunization status as suggested in the "2010 Recommended Childhood and Adolescent Immunization Schedule".

### **Sunscreen**

Please provide sunscreen and a wide-brimmed hat for your child. We will do our best to carefully and consistently apply sunscreen to all children who bring it. Please remember to apply sunscreen to your child each day before bringing them to camp! You must remember to get all those troubling spots such as noses, tips of ears, back of the neck and shoulders. Sunscreen will be reapplied after all activities because it gets rubbed or

sweated off and rinsed away by pool water. Please instruct older children in the proper application of sunscreen and we will assist them at camp.

### **Medications**

If your camper has a medical need you must consult with the Manager or Director prior to starting camp to determine an appropriate course of action. Please do not leave medication at the Attendance Table unattended! You must fill out the appropriate forms required by law to allow the staff to administer medications. All medications will be stored in the First Aid Room.

### **Illness**

Camp Staff shall monitor campers for signs of illness including vomiting, diarrhea and fever. If such symptoms exist the camper will be taken to the First Aid Office and treated accordingly. The camper's parents will be notified for pickup. The camper will rest in the First Aid Office under the supervision of the Attendant on duty until he/she is picked up by a guardian. If the illness is reportable according to prescribed regulations, the Camp Manager and Director will be notified. If a camper arrives at camp ill or is exhibiting symptoms of illness he/she may not be admitted to care.

### **Asthma**

Asthma will be treated according to the guidelines presented by the camper's guardian and physician. Instructions for care of asthma (as it specifically relates to each individual camper) will be presented to the Head and Assistant Head counselors by the available Medication Technician. Children who are deemed old enough (this will be predetermined by the parents, physician and camp Director) to handle their own medications will be allowed to administer said under guidance. Storage of medications will be in the First Aid Room. An Asthma Action Card must be on file with the camp on the first day of camper's attendance.

### **Food Allergies**

Food allergies will be treated according to the guidelines presented by the camper's guardian and physician. Please notify the camp managers of children who have allergies and other life-threatening medical conditions. Some children's allergies can be lethal. Physically introduce your allergy child to the camp manager so that she has a visual connection. Instructions for care of allergies (as they specifically relate to each individual camper) will be presented to the Head and Assistant Head counselors by the available Medication Technician. Epi Pens - Where the Epi Pen is kept will be considered on a case by case basis. In most cases they will be carried by the counselor assigned to the child with the specific medical condition. If a child uses Benadryl prior to Epi Pen, we will most likely keep the Epi Pen in the First Aid Room. All counselors will be instructed in the use of Epi Pens pending an emergency. A Food Allergy Action Plan must be on file with the camp on the first day of camper's attendance.

### **Accidents**

All camper accidents will be treated. Counselors will have a ziploc bag with Band-Aids and generic first aid supplies for minor injuries in the field. Upon treating a child in this

manner the Counselor must go to the First Aid Office and log in the injury. All major injuries must be assessed and treated in the First Aid Office. In the event of a true medical emergency the First Aid Attendant or available Camp Staff will call 911. After securing care for the camper, parents will be notified by the Camp Manager or Camp Director. All applicable reporting regulations will be followed.

#### **Communicable Disease**

Any outbreak or illness that is required to be reported will immediately be reported verbally to the Health Supervisor and camper guardian; verbally to the DHMH within 24 hours; and in written format to the DHMH within one week of the incident using an approved form.

#### **Emergency Evacuation Plan**

There is a crisis plan in effect for the camp. Should we need to evacuate the park, or go into a secure place to protect from natural weather events, we can do so. If you would like to review the plan please contact the Director.

### **Behavioral Expectations**

#### **Behavior Management Training**

All counselors are required to attend appropriate pre season or seasonal training's as provided by the camp for instruction in the behavioral management of campers. The training's will be geared toward teaching campers problem solving skills and interactions with others that encourage positive outcomes. Also, all counselors are expected to implement fair and consistent disciplinary steps that are appropriate to the camper's development and situation and that do not include corporal punishment. Managers are always available for assistance in this area throughout the camp day. This policy is included as part of our counselor handbook and more information is contained therein.

#### **Discipline Policy**

Discipline is a method of teaching and guiding one's behavior. The campers should be taught to live within the limits of our society *and the rules of the camp* in a quiet but firm manner. All staff regardless of their position should speak to the campers with care and respect, *especially when correcting behavior*. Counselors will set limits that are appropriate to each camper's age and then consistently enforce those limits.' Campers may never do anything that will jeopardize their own safety or another camper's safety or rights.

#### **Review the Rules**

Campers are expected to follow all pool rules and camp procedures. Please review the following with your child:

1. Campers will not use foul language.
2. Campers will not fight or physically harm anyone, including self.
3. Campers will not criticize others.
4. Campers will not damage park property.
5. Campers will obey counselor orders.

6. Campers will not leave group without an escort and permission.
7. Campers will not steal.
8. Campers will not bring weapons or drugs to camp.
9. Campers will not make sexual advances or comments to other campers.
10. Campers will not bring cell phones to camp.
11. Campers and Counselors may not date.

If a rule is broken, the counselor will act immediately in the following manner:

1. Remove child from situation.
2. Explain what is wrong.
3. Explain why it is wrong.
4. Choose from a list of acceptable alternatives.

### Behavioral Incidents

Sometimes there are behaviors that just keep happening no matter how hard we work to prevent them. When unwanted behavior persists and interferes with the daily goals of the group or the enjoyment and rights of other campers, the following actions will take place:

1. First Offense.  
Parent phone call, documentation using Behavioral Incident Report
2. Second Offense.  
Parent will need to pick up camper immediately documentation
3. Third Offense  
Camper dismissal from camp; Immediate pick up; documentation

If a child is dismissed from camp, future applications will need to be reviewed for enrollment in other programs at Padonia Park Club and Lakeside Day Camp. The decision of the Administrative Head in such a matter is final.

### **\*\*NEW\*\*** Electronics Policy for 2010

Game boys, IPOD's and other electronic devices will only be eligible for use during BEFORE & AFTER Camp.

This policy is new and in keeping with our views on nature and outside play. We do understand that it is summer and the children are out of school and would like to 'play' in whatever manner they consider fun. But we also feel that current lifestyles keep children 'plugged in' a great during the bulk of the year. Therefore, we will only allow electronic devices during BEFORE and AFTER camp and of course - all items are allowed only at your own risk of breakage, theft or other loss.

### Cell Phone Policy

Cell Phones are not allowed in camp. This is due in part to inappropriate texting and phone calls among campers. Cell phones will be confiscated if necessary until the end of the day. If your camper needs to make a phone call, we will allow them to use company phones *without question*. If parents need to communicate with their child during the day

they may call the Main Office number (410) 252-2046 to relay a message or to have the camper paged. Secretaries are on duty until 5:30 PM and thereafter the First Aid attendant will accept phone calls, forward messages and page parties. The Open Air Pavilion phone extension is 350.

### Staff Information

#### **Staff Information & Training**

Once accepted as a member of our staff all employees are required to show proof of physical and mental health status as suggested by the Department of Health and Mental Hygiene. Employees who do not provide the "Staff or Volunteer Health History" or a sufficient substitute are unable to work until they are in compliance. Additionally, all staff have fingerprint clearance through the state and federal government and have been cleared through a sexual predator web site and have medical information on file. All staff members are required to attend pre season meetings to learn appropriate protocol. If a staff member does not attend the meetings they must watch the video of same and demonstrate knowledge and understanding of the information contained within. For staff who review the training video they are required to sign an acknowledgment.

#### **Camper Health Assistants**

Sometimes a camper has a special need that requires assistance beyond the scope of what our counselors can provide. In this instance a parent may request to provide a Camper Assistant to help their child succeed as a camper. Camper Assistants are not paid employees of the Lakeside Day Camp. They are responsible only for the health and welfare of the camper they are hired to work beside. However, they will be held accountable for adhering to all camp rules and regulations. The following forms and paperwork must be on file in the office prior to the Camper Assistants first day:

- **Workers Compensation Insurance OR Workers Compensation Waiver**
- **Hold Harmless Agreement - signed by Campers Parents**
- **Individual Release - signed by Camper Assistant and notarized**
- **Criminal Background Check - paid for by Camper Family; must be completed by Camp Administration**
- **Camper Assistant identity will be cleared through an approved sex predator web site**
- **Health Clearance - to indicate that individual is healthy enough to be in the presence of children**

\*To make an appointment to be fingerprinted, please call Karen at (410) 252-8095 extension 307. You must bring a check for the full amount at the time of the appointment.

| Lakeside Day Camp Activities 2010  |                    |                          |   |
|--|--------------------|--------------------------|---|
| #  | Date               | Theme                    | Special Event Highlights  |
| 1  | June 7- June 11    | Welcome                  | Wednesday (6/9) - Water Relay Races - PRIZES!   |
| 2  | June 14 - June 18  | Beach Party              | Friday (6/18) - Twin Day - PRIZES!<br>Tuesday (6/15) - Festival Bounce @ Special Activity   |
| 3  | June 21* - June 25 | Fun & Games              | Wednesday (6/23) - Dolphin Waterslide @ Special Activity<br>All Week - Tie Dye T-Shirts @ Special Activity+   |
| 4  | June 28 - July 2   | Stars & Stripes Forever! | Tuesday (6/29) Camp Pictures 9-11AM @ the pond!<br>Friday (7/2) - Dunking Tank @ Special Activity<br>Dress like your fave hero or famous American - PRIZES! |
| 5  | July 5 - July 9    | Celebrity Look-A-Like    | DJ Dance Masters - Tuesday (7/6)<br>Lower Camp @ 1:00PM; Upper Camp @ 2:15PM<br>Thursday (7/8) - Rainbow Fun Run Climbing Wall @ Special Activity           |
| 6  | July 12 - July 16  | Wild, Wild West          | Monday - Friday - DVD Filming All Week<br>Thursday (7/15) - Wild West Dress Up Day!! PRIZES!!   |
| 7  | July 19 - July 23  | Color Wars               | Friday (8/23) - Pep Rally!!   |
| 8  | July 26 - July 30  | Space Odyssey            | Wednesday (7/28) - AMF Bowling Trip<br>Lower Camp @ 9:3-11:3AM; Upper Camp @ 12:3 - 2:30PM  |
| 9  | Aug 2 - Aug 6**    | South of the Border      | Tuesday (8/3) - Bruce Fagan - Latin American Dance Fest<br>Lower @ 12 Noon; Upper @ 1PM   |
| 10   | Aug 9 - Aug 13     | Magic                    | Monday (8/9) - Spin Art @ Special Activity  |
| 11   | Aug 16 - Aug 20#   | The Last Dance           | Thursday (8/19) - X-tra Greasy Slip N Slide   |
| <b>Camp Fair - Sunday, February 28, 2010 - Crowne Plaza Timonium - 12 Noon - 3PM</b>                 |                    |                          |   |
| <b>Parents Night - Wednesday, June 2, 2010 - 7-8 PM - Overview and Q &amp; A - Open Air Pavilion</b> |                    |                          |   |

\* Swimming Lessons, Zipline/Target Sports Begin

+ A free (white) tee shirt with camp logo is provided for every child enrolled during the summer. This is used for the tie dye activity if your camper is here at that time - if not, shirts can be claimed at the attendance table.

\*\* Swimming Lessons, Zipline/Target Sports End

# Limited Enrollment

## Lakeside Day Camp 2010 Daily Schedule

|  | RED         | YELLOW      | PURPLE      | BLUE       | TEAL       | ORANGE     | GREY       | GREEN   | ADV           |
|--|-------------|-------------|-------------|------------|------------|------------|------------|---------|---------------|
| <b>9:00-9:45</b>   | ART         | EE          | PA          | PA         | SL         | SL         | SL         | SL      | ZIPLINE       |
| <b>9:45-10:30</b>  | SL          | SL          | SL          | SL         | ART        | EE         | SPECIAL    | PA      | ZIPLINE       |
| <b>10:30-11:15</b>   | PA          | PA          | SPECIAL     | SPECIAL    | ATHL       | ATHL       | ART        | EE      | TARGET SPORTS |
| <b>11:20-12:00</b>   | LUNCH       | LUNCH       | LUNCH       | LUNCH      | PA         | Special    | ATHL       | Art     | TARGET SPORTS |
| <b>12:00-12:40</b>   | EE          | FS TRAINING | FS OUTBACK  | FS OUTBACK | LUNCH      | LUNCH      | LUNCH      | LUNCH   | LUNCH         |
| <b>12:45-1:25</b>  | SPECIAL     | FS TRAINING | ART         | ATHL       | FS OUTBACK | FS OUTBACK | EE         | FS MORO | FS MORO       |
| <b>1:30-2:10</b>   | FS TRAINING | SPECIAL     | ATHL        | ART        | EE         | PA         | FS OUTBACK | FS MORO | FS MORO       |
| <b>2:10-2:50</b>   | FS TRAINING | ART         | EE          | FS MAIN    | SPECIAL    | FS MORO    | PA         | ATHL    | ATHL          |
| <b>2:50-3:30</b>   | ATHL        | ATHL        | FS TRAINING | EE         | FS MORO    | Art        | FS MORO    | SPECIAL | SPECIAL       |
| <p><b>TEAL/ORANGE- Week 2, 4, 6, 8, 10: FS will be at Main Pool on Mon, Wed, Fri and Outback Pool on Tues, Thurs</b><br/> <b>Week 3, 5, 7, 9: FS will be at Outback Pool on Mon, Wed, Fri and Main Pool on Tues, Thurs</b><br/> <b>GREY/GREEN- Week 2, 4, 6, 8, 10: FS will be at Outback Pool on Mon, Wed, Fri and Main Pool on Tues, Thurs</b><br/> <b>Week 3, 5, 7, 9: FS will be at Main Pool on Mon, Wed, Fri and Outback Pool on Tues, Thurs</b></p> |             |             |             |            |            |            |            |         |               |