

**Sustained Cold Therapy Operating & Safety Instructions**

**Features & Benefits**

The cold therapy unit has been supplied to you by MedSolutions LLC. Sustained cold therapy will provide one of the most effective and soothing treatments for reducing post operative pain and swelling. It's temperature regulated thermostat allows for consistent results. This motorized device is fully portable thereby allowing medical benefits in any setting. This cold therapy unit is designed to continually pump cold water to the injury site via joint specific circulation pads.

**Operating Instructions**

1. Make sure temperature switch located on white electrical box is in STOP position.
2. Open lid. Fill Cooler completely with 10lbs. ice and 72 oz. (9 Cups) COLD water. Close Lid.
3. Connect pad to hose on unit ( Make sure tabs on couplings are depressed). Couplings CLICK as they lock together.
4. Plug power supply into unit and then into correct voltage wall outlet. (See power supply label for correct voltage.)
5. Position pad on patient. (See instructions with pad.)
6. Move temperature switch to COLDEST to start pump. Let unit cycle three times until water flows from cooler through pad.
7. Adjust temperature switch as needed for pain relief.

Approximate ranges:

COLDEST = 35° - 45°F

COLD = 40° - 50°F

COOL = 45° - 55°F

\*Check temperature often. Slide back short blue tube on hose near pad.

**REPLACE ICE AND WATER**

When water temperature rises above prescribed range, turn unit off, disconnect power supply and empty cooler. To Continue therapy repeat steps 1-7.

Empty water for storage of unit.