

sandwiches

COLD

THE DELI CLUB

Whole breast turkey, thick cut bacon, garlic mayo, fresh lettuce and tomato served on toasted whole wheat bread. **\$5.99**

THE CORLEONE

Sweet ham, thinly sliced pepperoni, onions, pepperoncinis, Muenster cheese, fresh lettuce and tomato, topped with Italian dressing and served on a fresh baguette. **Whole \$6.99 Half \$4.99**

VEGGIE WRAP

Fresh mixed lettuce, cucumber, Muenster, Swiss, pepper jack and cheddar cheese, tomato, onion and green pepper with your choice of dressing. **\$5.99**

CLASSIC HAM

Sweet ham, aged cheddar cheese, spicy mustard spread, fresh lettuce and tomato served on a fresh baguette. **Whole \$5.99 Half \$3.99**

DAC ROAST BEEF

Medium rare roast beef, Muenster cheese, onions, creamy horseradish spread, fresh lettuce and tomato served on freshly sliced white bread. **\$6.99**

CHICKEN CAESAR SALAD WRAP

Julienne chicken, parmesan cheese, black olives, onions and creamy Caesar dressing served in a pita wrap. **\$5.99**

DELUXE SANDWICHES

Your choice of Chicken Salad, Egg Salad, or Tuna salad on a half baguette with lettuce, tomato and cheese. **\$4.99**

HOT

THE DELI INCLINE

Whole breast turkey, ham, thick cut bacon, Swiss cheese, garlic mayo, fresh lettuce and tomato, toasted on whole wheat bread. **\$6.99**

CLASSIC BLT

Thick cut bacon, garlic mayo, fresh lettuce and tomato served on toasted white bread. **\$5.99**

JERK CHICKEN PITA WRAP

Julienne chicken, melted Pepper Jack cheese, onions, jerk sauce, fresh lettuce and tomato served in a pita wrap. **\$5.99**

THE DELI STAMPEDE

Medium rare roast beef, Swiss cheese, horseradish spread, onions, and green peppers toasted on a fresh baguette. **Whole \$6.99 Half \$4.99**

CLASSIC REUBEN

Pastrami, Swiss cheese, fresh sauerkraut, and our thousand island dressing on fresh baked rye bread. **\$6.99**

CHICKEN BACON RANCH WRAP

Julienne chicken, melted aged cheddar cheese, bacon, fresh lettuce and tomato with creamy ranch dressing in a pita wrap. **\$5.99**

BUFFALO CHICKEN WRAP

Chicken, lettuce, tomato, Munster cheese, buffalo sauce, and your choice of a side of bleu cheese or ranch dressing. **\$5.99**

CHICKEN CORDON BLEU

Chicken, Swiss cheese, lettuce, tomato and ham with ranch dressing in a pita wrap. **\$5.99**

salads

COBB SALAD

Turkey and bacon served over garden greens topped with shredded cheese, hard-boiled eggs and assorted veggies, served with your choice of dressing. **Regular \$5.99 Small \$3.99**

THE DELI THAI SALAD

Fresh romaine lettuce, whole baby carrots, red onions, cashews and Asian noodles served with our own Thai dressing. Add chicken \$1.09/Reg. \$.89/Sm. **Regular \$5.99 Small \$3.99**

CAESAR SALAD

Fresh romaine lettuce, parmesan cheese, red onions, and black olives served with our own Caesar dressing. Add chicken \$1.09/Reg. \$.89/Sm. **Regular \$4.99 Small \$2.99**

GARDEN SALAD

Garden greens, whole baby carrots, red onions, pepperoncinis, croutons and shredded cheese, served with your choice of dressing. **Regular \$4.99 Small \$2.99**

BUFFALO CHICKEN SALAD

Chicken, garden greens, whole baby carrots, red onions, pepperoncinis, croutons and shredded cheese with buffalo sauce and your choice of blue cheese or ranch dressing. **Regular \$5.99 Small \$3.99**

AVAILABLE DRESSINGS

Bacon French Ranch	Creamy Cucumber	Caesar
Bleu Cheese	Caribbean Ranch	Thai
White Wine Vin.	Italian (Fat Free)	Thousand Island

*Regular salads are served with two sides of dressing. Small salads are served with one side of dressing. **Additional sides are \$.59***

starters

SCRATCH SOUPS

MONDAY	Cheesy Pepper Prime
TUESDAY	Seafood Bisque
WEDNESDAY	D.A.C. Chili
THURSDAY	French Onion
FRIDAY	Clam Chowder

HOUSE SOUP

Tomato Basil

CUP \$1.99

BOWL \$3.59

*Add a slice of fresh wheat,
white or rye bread for \$.79
Or half of a baguette for \$1.19*

EXPRESS MENU

In a hurry? Grab one of our specialty sandwiches made each morning on fresh white and wheat bread.

EGG SALAD, TUNA SALAD, CHICKEN SALAD, TURKEY or HAM

Your choice: \$3.99

BOX LUNCH

Call us to satisfy your off-site needs! Regularly \$6.99 per lunch.

BREAKFAST

BREAKFAST BAGEL SANDWICHES

Any combination of egg, one meat and one cheese on a plain or everything bagel. **\$3.49**

PLAIN BAGEL w/cream cheese \$1.69

MUFFIN \$1.79

CINNAMON/CARAMEL ROLL \$1.79

DESSERTS

THE BIG BROWNIE \$1.59

THE "BIGGER" RICE \$1.59

KRISPY TREAT \$1.59

HOMEMADE DAC COOKIES \$.89

NEW YORK STYLE \$2.99

CHEESECAKE \$2.99

BEVERAGES

CAN COKE PRODUCTS \$.89

CHILD FOUNTAIN DRINK \$.75

SMALL FOUNTAIN DRINK \$1.25

MEDIUM FOUNTAIN DRINK \$1.50

LARGE FOUNTAIN DRINK \$1.75

BOTTLED JUICES \$1.69

MILK \$.59

HOT CHOCOLATE \$1.89

HOT TEA \$1.89

DASANI WATER \$.99

COFFEE Small \$1.09

COFFEE Large \$1.29



**Open Monday through Friday 7a.m. – 5p.m.
Delivery available from 10a.m. – 4p.m.**

320 West Superior Street
Duluth, MN 55802

(218) 727-6060 (218) 727-6064 fax

www.duluthathleticclub.net (other venues tab)

Espresso Bar

LATTE	small \$2.40	large \$2.89
CAPPUCCINO	small \$2.40	large \$2.89
Specialty Drinks	small \$2.79	large \$3.24
ESPRESSO	single \$.50	double \$1.00

**Add a flavor shot!
[\$.30 for a small]
[\$.50 for a large]**

**Not on our menu? Tell us what you want and
we'll do our best to please you!**

**Faxable order form @:
duluthathleticclub.net, "other venues" tab**