

Advair™ Diskus® and Serevent® Diskus®

Step 1: OPEN

- Hold the Diskus® in one hand, place the thumb of your other hand on the grip and push away until the mouthpiece appears and snaps open.



Step 2: CLICK

- Hold the Diskus® level.
- Slide the lever away from you as far as it will go until you hear a click.
- Turn your head away from the Diskus® and breathe out all the way.



Step 3: INHALE

- Place the mouthpiece between your lips and tilt your head back a little.
- Breathe in through the Diskus® steadily and deeply.
- Hold your breath for as long as you can (up to 10 seconds).
- Close the Diskus®.



Finish: RINSE

- Rinse your mouth with water after using the Diskus®, but do not swallow.

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More Tips:

- Store your inhaler at room temperature and away from moisture.
- Always keep your inhaler dry. Clean it with a dry tissue or cloth.
- Remember to use your inhaler in a level (horizontal) position.
- Do not breathe into your inhaler.
- The dose indicator on the top of the Diskus® tells you how many doses are left.

About the Medication:

- Advair™ Diskus® contains two medicines – Fluticasone Propionate (floo-TIK-a-son), a corticosteroid, and Salmeterol (sal-ME-te-role), a long-lasting bronchodilator. These two medications work together to control the symptoms of asthma and help you breathe better.
- Advair™ Diskus® comes in three different strengths. Your doctor has chosen the best one for you.
- Serevent® Diskus® contains one medicine, Salmeterol Xinafoate (sal-ME-te-role).
- These medications will not stop an asthma attack that has already started.
- A quick-acting bronchodilator (like albuterol) should be used to stop an asthma attack or asthma symptoms that need immediate attention.

DO NOT STOP TAKING THIS MEDICATION WITHOUT CONSULTING YOUR PHYSICIAN. Advair™ contains an inhaled corticosteroid, which treats airway inflammation and may prevent long-term serious changes within your airways.

The mission of the MSRC is to provide education and training to Respiratory Therapists, health care professionals and their patients.



To re-order visit www.msrcnet.com

Using your Dry Powder Inhaler ... It's as easy as 1-2-3!