

# Care of



**MeritCare**  
HealthCare Accessories

www.healthcareaccessories.com

Fargo,	(701) 293-8211	(800) 288-4613
Jamestown	(701) 251-1331	(800) 456-7649
Minot	(701) 852-4110	(800) 876-2179
E Grand Forks	(218) 773-5890	(866) 262-1620
Bemidji	(218) 759-9391	(800) 828-5462

## Orthotic Devices

While being fitted with your orthotic device, you were instructed on how to wear and use your brace. Follow all instructions provided by the manufacture. Some points are:

### Remember to:

- Position the brace properly on your body.
- Tighten all straps snugly.

### Wearing Schedule:

1. Apply the brace to your body as directed by your medical provider or the manufacturer's directions. Your skin should be dry prior to wearing the brace.
2. Wear the brace as instructed by your physician/ medical provider.
3. A cotton blend T-shirt, tank top or sport shirt should be worn under a corset or similar device. It is recommended to wear underpants and pants over the brace.
4. Numbness, tingling, color changes, itching, swelling, or unusual pain should be reported to your physician or medical provider.
5. Parents of children who wear a brace should regularly check for signs of problems listed above. The fit of the device will change as the child grows.
6. Changes in weight or activity can change the function of the brace.

### Maintenance:

1. Check the brace daily for worn torn, loose or cracked parts. **Do not attempt to adjust or alter the brace on your own.** Contact HealthCare Accessories with any concerns at the number listed above.
2. If your brace becomes dirty or soiled, you should wash it following manufacturer's recommendations.
3. Clean your brace when soiled or dirty. Follow the manufacturer's recommendations.
4. Visit with your physician/medical provider on a regular basis to see if any changes to the brace are needed.
5. Do not place the brace in direct sunlight or on/near a heater. Heat can change the function of your brace.

### Follow-up:

Your brace may need to be replaced due to normal wear and tear, damage, or change in your medical condition. Contact HealthCare Accessories LLC or your doctor to schedule an appointment. A doctor's order is needed for replacement.

### Warranty

Warranty is based on the manufacturer conditions and terms. Contact HCA with any concerns.

### Emergency Contact/ After Hours Care:

To contact HealthCare Accessories after normal business hours, call the office that is closest to you. An operator will assist you. Depending on the situation, you may be charged for this service.