

Care Of



Fargo,	(701) 293-8211	(800) 288-4613
Jamestown	(701) 251-1331	(800) 456-7649
Bismarck	(701) 530-0200	(800) 365-4603
Minot	(701) 852-4110	(800) 876-2179
East Grand Forks	(218) 773-5840	(866) 262-1602
Bemidji	(218) 759-9391	(800) 828-5462
Thief River Falls	(218) 683-2588	(866) 965-9553

RESIDUAL LIMB PROTECTOR

You have been provided with a Transtibial Residual Limb Protector. This device will provide protection for your residual limb, decrease the possibility of a knee contracture and potentially reduce the swelling in your limb.

Application:

1. Apply the physician recommended dressing over the open areas on your limb.
2. Apply a prosthetic shrinker sock/ bandage/ a clean prosthetic sock on your limb.
3. Open up the straps on the protector and spread the protector open.
4. Gently place your residual limb into the protector until your knee is aligned with the opening in the front.
5. Tighten up all of the straps.
6. Apply the belt around your waist and attach the protector to the belt. You may disconnect the waist belt when lying in bed.
7. You may adjust the tightness of the protector by adding more socks or tightening/ loosening the straps. If you are still concerned about the fit of the protector, contact one of the prosthetists below.

Maintenance:

- The protector should be cleaned as needed or weekly with a damp, soapy cloth. If the straps become worn or too loose, please contact your prosthetist for an appointment to have the protector checked.
- The prosthetic socks should be washed on a regular basis. These can be machine washed in cool water with a mild soap.
- If your physician has ordered a prosthetic shrinker sock, it has been sized to your residual limb. You may need to use a smaller size if the sock begins to fall off your limb. Your prosthetist will be able to assist you in determining the correct size.

Follow Up:

You will have periodic follow up appointments with your physician regarding the healing process of your limb. Recheck appointments for the fitting of the protector are also important. These may be coordinated with your physician's appointments.

Safety Concerns:

We recommend that you review the attached safety statement and adjust your home setting as necessary.

Emergency Contact/ After Hours Care:

If you have problems with the fit of the protector, you should contact the HealthCare Accessories location that is closest to you. If the call is after normal business hours, an operator will assist you.

HealthCare Accessories, LLC Prosthetic Personnel

Fargo

701-293-8211
800-288-4613
Reed Mueller, CP
Carol Grettum, CP
Amy Bauman, CPO
Bruce Strelow, CPO

Jamestown

701-251-1331
800-456-7649
Carol Grettum, CP
Amy Bauman, CPO

Minot

701-852-4110
800-876-2179
Stephen Hodgson,
CO/BOC-P

Bemidji / Thief River Falls

218-683-2588
800-828-5462
Keith Wallace, CP

SAFETY STATEMENT

The medical equipment we have provided for your benefit and comfort should be maintained and used properly. Following are some suggestions:

1. Follow all directions exactly and precisely.
2. Do not allow children or untrained individuals to operate your medical devices or equipment.
3. Wheel locks on wheelchairs must be locked before transferring in or out of wheelchairs.
4. **NEVER** tamper with alarms -- do not cover, reset, etc.
5. Use proper electrical power, grounds and outlets and avoid overloading electrical circuits.
6. If HealthCare Accessories has installed a temporary adapter to provide immediate service, it is the customer's responsibility to provide a properly grounded outlet as soon as possible.
7. To avoid tripping and falling, secure electrical cords.
8. Place medical device close enough to electrical outlet to eliminate the need for extension cords.
9. **NEVER** plug a medical device into a multiple electrical plug.
10. Repair or remove any loose carpeting or throw rugs.
11. Arrange furniture to accommodate easy access and maneuverability.
12. Test smoke detector(s) every month.
13. Keep emergency numbers near your telephone.
14. **“Never Smoke in Bed.”** This is an extreme fire hazard.
15. Evaluate your skin that is in contact with the medical device periodically for red or sore areas. Notify HealthCare Accessories staff or your physician with any concerns.
16. For your safety, please secure all types of medical equipment and supplies when transporting them in your vehicle.